

## Travel & Learn 2026: Japan

October 1 – 11, 2026

### Day One

8:00 AM

#### Evaluating Outcomes and Efficiency Through Patient-centered, Protocol-driven Dentistry

Laying the foundation for patient-centered care and comprehensive assessment  
Caries management: protocols, risk assessment, emerging therapies, and behavior change techniques  
Oral and pharyngeal cancer prevention: HPV prevention, patient communication, and advanced screening techniques

12:30 PM

Adjourn

### Day Two

8:00 AM

#### Evaluating Outcomes and Efficiency Through Patient-centered, Protocol-driven Dentistry

Periodontal disease, diagnostics, staging and grading, and treatment protocols  
Peri-implant disease prevention and maintenance  
Teledentistry for efficiency, triage, and patient satisfaction

12:30 PM

Adjourn

### Meet Our Expert

#### Cynthia Stull, RDH, MDH, DHSc

Dr. Stull is an Assistant Professor and Director of the Division of Dental Hygiene at the University of Minnesota. A national leader in interprofessional practice, she specializes in advancing clinical protocols and communication to bridge oral health with systemic medicine.

Dr. Stull is a recognized authority in HPV-related oropharyngeal cancer prevention and screening. Her funded research and publications center on training dental providers in Brief Motivational Interviewing to improve HPV vaccine uptake and patient communication. She is a pioneer in developing cutting-edge simulation training for advanced oral cancer screening, including manikin-based protocols for the tactile examination of the tonsils and base of the tongue.

Her work is defined by the implementation of clinical protocols that drive excellence and efficiency. This expertise includes developing continuing education curriculum focused on the calibration of the Staging and Grading framework for periodontal and peri-implant diseases. Additionally, she leads research into innovative care delivery, having developed teledentistry simulation protocols to enhance remote access to care and communication skills. Her focus on medical-dental integration extends to projects like her Hospital Dental Hygiene Consult Service and Adoption Medicine Clinic, providing a foundational framework for addressing oral health links to systemic health.

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