SCHOOL OF DENTISTRY

UNIVERSITY OF MINNESOTA Driven to Discover<sup>544</sup>

# CONTINUING DENTAL EDUCATION

# DEA Required 8-hour Training for Opioid Prescribing and Pain Management for Dental Professionals

Friday, June 9, 2023 Zoom Webinar

**Preliminary Program** 

# 8:00 Welcome and Overview

### Angie Rake, DDS

Overview of substance use disorders

How is SUD currently defined?

Current statistics of SUD in the US

- The top four substances of misuse in the US and how they may impact dental procedures and oral surgeries
- Special considerations of patients with opioid use disorder
- Understanding Buprenorphine
- Special considerationsagreements when prescribing opioids.
- Communication with patients and medical specialists regarding pain management

# **9:30** Break

# 9:45

Identification and Management of Opioid and Substance Use Disorders in Pediatric Patients Scott Hadland, MD, MPH, MS

Describe alcohol and drug use in early adolescence with progression to substance and opioid use disorders in late adolescence

Discuss the neurocognitive effects of addictive substances on the developing adolescent brain

Discuss patterns, trends, epidemiology, and contributing factors to opioid and other substance use/abuse among the child and adolescent population

- Highlight similarities and differences, and discuss challenges of adolescents with co-occurring substance use and psychiatric disorders
- Discuss how the dental team can identify and manage substance use and withdrawal syndrome behaviors in patients
- Recognize and deliver safe dental procedures for children and adolescents who are actively using alcohol and/or other drugs
- Deliver safe dental care to children and adolescents currently receiving treatment for substance and opioid use disorders
- Develop strategies for brief interventions, referrals, and resources for children, adolescents, parents, and caregivers

#### 12:15

# Mixing Common Prescriptions with Pain Management Medication: Insights from Your Local Pharmacist

#### Ashley Duggins, Pharm D

Identify the ten most prescribed medications in adults and pediatrics

Recognize common dental issues associated with certain disease states

Discuss the ten most prescribed medications and what types of pain management medications are most effective

Recognize complications that prescribed medications can cause regarding dental health

Identify limitations various federal mandates have on dentist's medication prescribing

Understand the role of a clinical pharmacist in improving dental health

Develop a cheat sheet with the right pain medication choices for patients with specific disease states

#### 2:00 Break

#### 2:15

# What Happens After You Identify and Refer Patients with Opioid and Other Substance Abuse Disorders?

### Evan Rosenthal, LPCC, LADC

Evaluate best practices in referral by analyzing case studies

Implement screening tools, such as the Opioid Risk Tool (ORT) or the Screener and Opioid Assessment for Patients with Pain (SOAPP), to identify potential cases of opioid abuse

Recognize signs of opioid abuse, including changes in behavior or mood, frequent requests for early refills or lost prescriptions, and evidence of drug-seeking behavior

Utilize prescription drug monitoring programs (PDMPs) to track patients' prescription histories and identify potential cases of opioid abuse or diversion

Refer patients with suspected addiction to specialists, such as psychiatrists, addiction medicine physicians, or substance abuse counselors, for evaluation and treatment

Implement medication-assisted treatment (MAT) for patients with substance abuse disorders Identify how teens, young adults, adults, and seniors with substance abuse disorders may present

in the dental clinic

Evaluate the prevalence of substance abuse disorders among LGBTQ+ patients

Compare and contrast substance abuse trends in urban versus rural areas

Provide educational resources for providers, patients, families, and caregivers related to opioid abuse and addiction

Assess what happens after a referral and identify what providers should know

3:45 Adjourn

To receive the full 8 hours of training, you must complete the pre-course readings (approximately 1.25 hours), attest that the readings have been completed, and attend the full 6.75 credit hour Zoom presentation.

#### Meet Our Course Director

Angie Rake, DDS, received her Doctor of Dental Surgery degree from the University of Minnesota School of Dentistry in 1997. She then completed an Oral and Maxillofacial Surgery Internship at the Minneapolis Veterans Affairs Medical Center. She graduated from the Oral and Maxillofacial Surgery advanced training program at the University of Minnesota. In 2002, Dr. Rake joined Dakota Valley Oral and Maxillofacial Surgery. She remains active as an Adjunct Associate Professor in the Division of Oral and Maxillofacial Surgery at the University of Minnesota School of Dentistry. She lectures on numerous topics locally and nationally. She has gained national attention for safe and responsible opioid prescribing and office-based anesthesia. She has been featured in the New Times, Washington Post, NBC Universal, and local media outlets. Dr. Rake is a Diplomate with the American Board of Oral and Maxillofacial Surgeons. She is a member of the American Association of Oral and Maxillofacial Surgeons, American Dental Society of Anesthesiology, American Dental Association, Minnesota Dental Association, and Minneapolis District Dental Society. Dr. Rake is the past President of the Minnesota Society of Oral and Maxillofacial Surgery. She serves on the Clinical Governance Board with US Oral Surgery Management, an NIH-NIDAMED Contracted Panelist, and an appointed member and President of the Minnesota Board of Dentistry.

#### Meet Our Experts

Ashley Duggins, Pharm D, is co-owner and pharmacy manager of Prevo Drug in Asheville, North Carolina. She graduated from the University of North Carolina at Chapel Hill with her Doctorate of Pharmacy degree. Dr. Duggins specializes in bio-identical hormones (BHRT) and health coaching. She is also the pharmacy manager for Enclara Pharmacia-Hospice of Randolph, North Carolina. Dr. Duggins is very committed to community involvement. She is currently a member of the Randolph County Opioid Collaborative Committee and the Asheboro Randolph Chamber of Commerce and serves on the Board of Directors for Uwharrie Charter Academy. Dr. Duggins was elected to serve on the North Carolina Board of Pharmacy.

**Scott Hadland,** MD, MPH, MS, is the Chief of Adolescent and Young Adult Medicine at Mass General Hospital for Children and Harvard Medical School, and a pediatrician and addiction specialist. He holds triple board certification in General Pediatrics, Adolescent Medicine, and Addiction Medicine. Dr. Hadland has authored more than 100 peer-reviewed scientific publications, and collectively, his 14 mentees have received three national research awards under his direct supervision and published 15 manuscripts. His work has been published in leading medical journals, including The Lancet, BMJ, Pediatrics, JAMA Internal Medicine, and Addiction. Dr. Hadland is on the Editorial Board for the journal Pediatrics, and previously served on the Editorial Board of the Journal of Adolescent Medicine and was an Associate Editor for the International Journal of Drug Policy. He has been recognized with numerous national awards and has received research funding from the National Institute on Drug Abuse, US Centers for Disease Control and Prevention, Thrasher Research Fund, American Heart Association, and Academic Pediatric Association, and he his research and writing has been featured in The New York Times, Washington Post, CNN, USA Today, Newsweek, NBC News, CBS News, National Public Radio, and other leading news outlets.

**Evan Rosenthal,** MS, LPCC, LADC (He/They) is a Psychotherapist with Transcend Psychotherapy and a national presenter focused on LGBT+ Mental and Chemical Health. They work primarily with LGBQIA+/trans/non-binary/gender-expansive clients. They use lived experiences from daily living,

medical, and therapy settings, alongside research, reading, and other training to offer individual and broad depictions of gender-affirming care. They provide national and regional consultation and training in academic, corrections, and other large systems using an intersectional social justice lens and experiential and didactic approaches. Evan is also a board-approved supervisor for LPC and LPCC licensing in Minnesota. Their education includes Clinical Supervision Training, a Master of Science in Mental Health Counseling and Chemical Dependency from the University of Wisconsin – Stout, studies at the University of Limerick, and an undergraduate degree from the University of Wisconsin-Stevens Point in Psychology and Sociology.

#### **Disclosure Summary**

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Continuing Dental Education Staff members have nothing to disclose.

The speakers disclosed the following information for this course. It is not assumed these financial interests or affiliations will have an adverse impact on course presentations. They are provided to inform course participants fully.

#### Angie Rake, DDS

Indicated no relevant affiliations or financial interests and does not intend to discuss off-label/investigative use of a commercial product/device.

#### Ashley Duggins, Pharm D

Indicated no relevant affiliations or financial interests and does not intend to discuss off-label/investigative use of a commercial product/device.

#### Scott Hadland, MD, MPH, MS

Receives grant or research funds from NIH/NIDA and the CDC and is a consultant/speaker for the American Academy of Pediatrics. Dr. Hadland does not intend to discuss off-label/investigative use of a commercial product/device.

#### Evan Rosenthal, MS, LPCC, LADC

Indicated no relevant affiliations or financial interests and does not intend to discuss off-label/investigative use of a commercial product/device.

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