SCHOOL OF DENTISTRY
UNIVERSITY OF MINNESOTA
Driven to Discover℠

CONTINUING DENTAL EDUCATION

Taking Sleep Apnea Beyond Oral Appliances: Workshop

Saturday, October 8, 2022

Moos Tower • School of Dentistry

Preliminary Program

Participants will rotate in groups through three learning stations

Station One

Learn How To

- Evaluate and screen patients for the presence of sleep apnea through history, exam and questionnaires
- Perform a full evaluation on a patient with sleep apnea
- Assess dental considerations that may impact appliance selection
- Identify risks that may alter treatment

Station Two

Learn How to Take a Bite Registration

- How do you measure protrusion?
- How much vertical opening do you need?
- What is the best point to start?
- Various dental considerations – vertical dimension, overjet, overbite, etc.

Station Three

Screening for Sleep Apnea in the Dental Office

- Screening questionnaires
- Physical examination

Learn How to Fabricate a Morning Repositioner

- Materials to be used
- How should the patient use it?
- Are there alternatives to using a morning repositioner?

Meet Our Course Director

Mariona Mulet Pradera, DDS, MS, Associate Program Director, Graduate Program in TMD and Orofacial Pain, Department of Diagnostic and Biological Sciences, University of Minnesota School of Dentistry. Dr. Mulet maintains a clinical practice with HealthPartners focusing on temporomandibular disorders, orofacial pain, oral medicine, and dental sleep medicine. She is a Diplomate of the American Board of Orofacial Pain and the American Board of Dental Sleep Medicine.

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Minnesota credits

- 3.5 Fundamental Credit Hours
- Includes CORE Subject Areas Diagnosis and Treatment Planning, Patient Communication