



## Providing Exemplary Care to LGBTQ+ Youth and Young Adults

Saturday, September 18, 2021

**Mitchell (Mitch) R. Lunn, MD, MAS, FACP, FASN**

### Preliminary Program

**8:30**

#### Defining Barriers and Realities

- Recognize sexual and gender identity formation experiences in LGBTQ+ youth and young adults
- Identify barriers to high-quality overall health and oral health care among LGBTQ+ youth and young adults
- Weigh the role of parents and guardians in the lives and well-being of LGBTQ+ youth and young adults
- Appreciate the importance of pronoun use in patient conversations
- Integrate current LGBTQ+ terminology into patient conversations
- Case Scenario 1: Using Appropriate LGBTQ+ Terminology in Patient Conversations
- Question and answer session

**10:00** Break

**10:15**

#### Identifying Risks

- Define the “coming out” process, what it means, and its implications
- Discuss tobacco, alcohol, and other drug use/misuse, including vaping, among LGBTQ+ youth and young adults
- Analyze mental health and suicide risks for LGBTQ+ youth and young adults, including disordered eating and body dysmorphia
- Recognize the effects of gender-affirming therapy, including hormones and other treatment, on dental & overall health
- Case Scenario 2: The Mental/Behavioral Health Intake Discussion
- Question and answer session

**11:45** Break

**12:30**

#### Removing Barriers

- Scrutinize health-related stereotypes and your own biases impact care for LGBTQ+ youth and young adults
- Ask the correct questions with sensitivity
- Remove bias from patient intake processes, health history practices, and record-keeping
- Case Scenario 3: When Provider Bias Impacts Care
- Question and answer session

**2:00** Break

2:15

### Reshaping Your Practice

- Adapt up-to-date strategies communications strategies in your dental or medical office setting
- Utilize updated language in conversations
- Update the physical environment and recordkeeping landscape of your dental or medical office
- Attract and retain LGBTQ+ colleagues
- Support transgender co-workers
- Case Scenario 4: How Dental Office Environment, Layout, and Signage Impacts LGBTQ+ People
- Question and answer session

3:45 Adjourn

### Meet Our Expert

**Mitchell (Mitch) R. Lunn, MD, MAS, FACP, FASN**, is an Assistant Professor in the Division of Nephrology of the Department of Medicine at Stanford University School of Medicine. He earned his Bachelor of Science degree from Tufts University, his Doctor of Medicine degree from Stanford University School of Medicine, and his Masters in Advanced Studies degree in Clinical Research from the University of California, San Francisco (UCSF). He completed an internal medicine internship and residency training at Brigham and Women's Hospital and a nephrology fellowship at UCSF. Dr. Lunn is the co-director of PRIDENet, a participant-powered research network of sexual and gender minorities (SGM) that engages SGM communities at all stages of the biomedical research process: research question generation and prioritization, study design, recruitment, participation, data analysis, and results dissemination. He is also the co-director of The PRIDE Study, a national, online, prospective, longitudinal general health cohort study of over 13,200 SGM people.

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